

Migraine and Chronic Headache Worksheet

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

| AME MUST REVIEW | ACCEPTABLE CERTIFICATION CRITERIA |
|---|--|
| Treating physician finds the condition stable on current regimen and no changes recommended | <input type="checkbox"/> Yes |
| Acceptable Types of Migraine or Headache | <input type="checkbox"/> Classic/Common Migraine, Chronic Tension headache, Cluster headache NOT acceptable: Ocular migraine, complicated migraine |
| Frequency | <input type="checkbox"/> No more than one episode per month |
| Symptoms | <input type="checkbox"/> Only mild symptoms controlled with medication(s) listed below. <input type="checkbox"/> In the last year: <ul style="list-style-type: none"> <input type="checkbox"/> no in-patient hospitalizations <input type="checkbox"/> no more than 2 outpatient clinic/urgent care visits for exacerbations (with symptoms fully resolved) NOT acceptable: neurological or TIA-type symptoms; vertigo; syncope; and/or mental status change |
| Medications - Preventive | <input type="checkbox"/> None; or daily calcium channel blockers or beta blockers only for prophylaxis without side effects |
| Medications - Abortive | <input type="checkbox"/> OTC headache medications; warn airman: 24 hour no-fly - Triptans 36 hour no-fly - Metoclopramide (Reglan); 96 hour no-fly - promethazine (Phenergan) NOT acceptable: Injectable medications and narcotics |

AME MUST NOTE in Block 60 one of the following:

☐ Airman meets certification criteria for migraine and chronic headaches.

☐ Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for migraine and chronic headache.

☐ Airman does NOT meet certification criteria for migraine and chronic headaches. I have deferred this exam. (Mail the supporting documents to FAA identifying which criteria were not met.)