

## Hypertension Worksheet

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician or the AME finds the condition stable on current regimen for at least 2 weeks and no changes recommended	<input type="checkbox"/> Yes
Symptoms	<input type="checkbox"/> None
Blood pressure in office	<input type="checkbox"/> Less than or equal to 155 systolic and 95 diastolic  (Although 155/95 is acceptable for certification, the airman should be referred to their primary provider for further management, if the blood pressure is above clinical practice standards)
Acceptable medication(s)	<input type="checkbox"/> Combinations of up to 3 of the following: Alpha blockers, Beta-blockers, ACE inhibitors, calcium channel blockers, angiotensin II receptor antagonists, and/or diuretics are allowed  <b>NOT acceptable:</b> Centrally acting antihypertensives
Side effects from medications	<input type="checkbox"/> No

### AME MUST NOTE in Block 60 one of the following:

- ☐ Airman meets certification criteria for hypertension.
- ☐ Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for hypertension.
- ☐ Airman does NOT meet certification criteria for hypertension. I have deferred this exam. (Mail the supporting documents to FAA identifying which criteria were not met.)